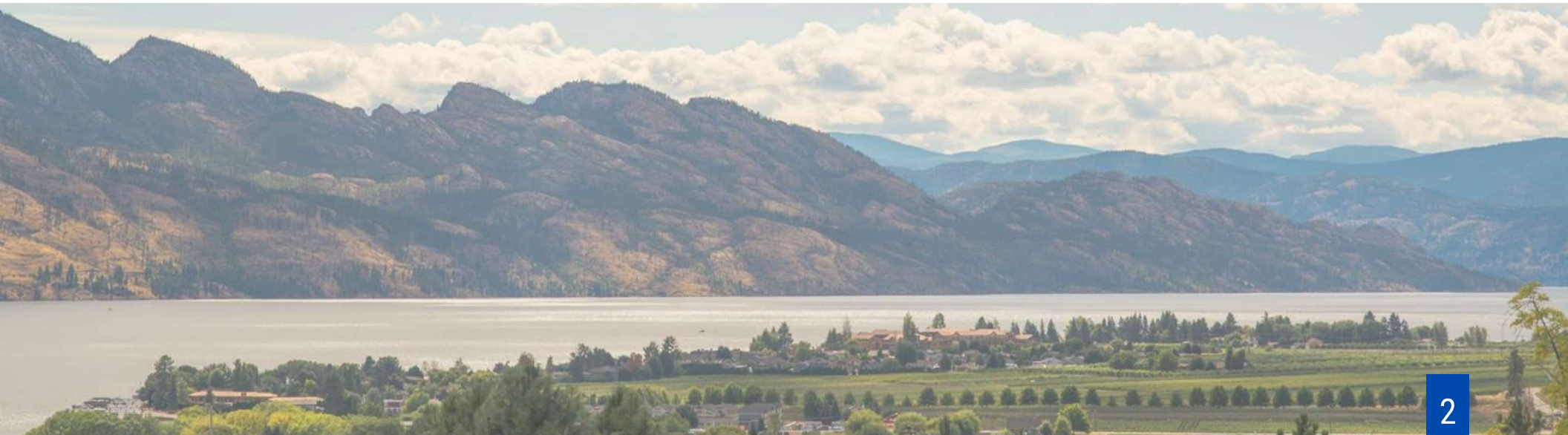






Lake Country Health is a registered charity that works to connect community members to the services they need and provides a hand up for those who are facing challenges. LCH offers a number of services for seniors, caregivers, youth including mental health support groups and harm reduction services. They are also developing a Community Health Centre in Lake Country in partnership with community stakeholders.





Our Mandate

To address health and wellness gaps in Lake Country.



Our Vision

Building a healthier community.



Our Mission

We provide and advocate for high quality, local, and accessible health and wellness services.

OUR CORE VALUES



Equitable

We believe that all people should be able to reach their full health potential.



Compassionate

We foster a culture of caring, kindness and empathy in our community.



Collaborative

We work together with our community, volunteers, staff and board to advance our mission.



Accountable

We are effective, transparent and responsible in the management and stewardship of the organization and its resources.



OUR STAFF



Lonna Grange

Executive Director



Mel Williams

Caregiver Support
Coordinator and
Facilitator



Brooke Beech

Mental Health
Coordinator and
Facilitator



Santo Joseph

Senior Services
Coordinator



BOARD OF DIRECTORS



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Youssef
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PhD, RN, FCAN
Member at Large

Community Representatives



Councillor Todd
McKenzie
District of Lake Country, Council
Member



Mr. Trevor James,
CPA, CA
Director of Finance & Administration, Chief
Financial Officer, District of Lake Country





DEMOGRAPHICS

Lake Country is a part of the Central Okanagan Regional District. The city of Kelowna lies to the south, while the city of Vernon lies to the north.

15,817

Total population from 2021 census



22.4% Increase

In population since 2016





AGING POPULATION

Fastest Growing Age Group

Seniors over the age of 85 is the fastest growing age group in the country, meaning a future impact on the health-care system.

Expected To Triple

This demographic has more than doubled since the 2001 Canadian Census and is expected to triple by 2046 (Statistics Canada).

Retirement Destination

Lake Country is a retirement destination, placing the proportion of seniors higher than the national average.

Population aging shifts the balance of services needed in some areas puts additional pressure on a number of sectors, including health care.



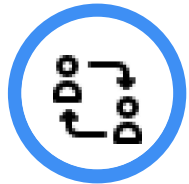
HOW LAKE COUNTRY HEALTH HELPS THE COMMUNITY



**SERVICES FOR
OLDER ADULTS**



**MENTAL HEALTH
SERVICES**



**SERVICES FOR
CAREGIVERS**



**SUBSTANCE USE
SERVICES**



SERVICES FOR OLDER ADULTS

Technology Support & Tablet Loan

Housekeeping & Yard Maintenance

Friendly Calls & Visits

Driving Services

Low Impact Exercise Classes





SERVICES FOR CAREGIVERS

**Caregiver Peer
Support Group**



**Silver Sitter
Friendly Visitor**



SUBSTANCE USE SERVICES

Naloxone Training

Quit Smoking

Safe Distribution





MENTAL HEALTH SERVICES

Support Groups



Mental Health Workshops & Speakers





VISION FOR THE FUTURE

Lake Country Community Health Centre



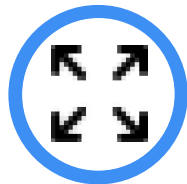
Community Health Centre

5,000+ sq. ft clinic that will offer primary care services delivered by nurse practitioners, family physicians, and nurses. Allied health services will also be offered including dietitian appointments, acute physiotherapy, as well as individual and family mental health appointments with a clinical social worker.



Social Services

Incorporate the social services that Lake Country Health Society already offers within the community, including mental health groups and workshops, a caregiver support program, harm reduction supplies, and seniors' services.



Expanded Programs

Lake Country Health also looks forward to expanding the programs and workshop offerings, as offerings are currently limited due to a lack of program space.



STRENGTHEN PRIMARY CARE & SOCIAL SERVICES

for the Lake Country community, which has a population of 15,210 people and is expected to grow by 25% by 2030.

MULTIPLE SERVICES UNDER ONE ROOF

This will increase accessibility, reduce travel costs and time, and create a sense of belonging for the residents.

WORKING TOGETHER



Benefits and impacts of the Lake Country Community Health Centre for the Lake Country community and the region.

TRACK RECORD & PARTNERSHIPS

Established since 1982, with strong partnerships including Interior Health, Okanagan Indian Band, and local businesses and organizations.

COUNCIL ALIGNMENT



VISION

To be a “vibrant, prosperous, and sustainable lakeside community” by enhancing the health and wellbeing of the residents and visitors.

MISSION

To “provide leadership and quality services to our community” by delivering accessible and integrated health and social services that meet the diverse needs of the community.

STRATEGIC PRIORITIES

Such as “community health and social development”, “environmental stewardship and climate action”, “economic development and tourism”, and “partnerships and collaboration”.



LOCATION REQUIREMENTS

We need your help!

To find a suitable Commercial Property
available for lease in Lake Country.





FUNDING

Lake Country Health

The Lake Country Community Health Centre will be funded by the Ministry of Health BC, which has allocated \$1.818M annually for clinical staffing and overhead, and up to \$3.0M for one-time tenant improvement and equipment costs. Lake Country Health will contribute \$196K annually for the overhead discrepancy and will lead the capital project and tenant improvements.





**LAKE
COUNTRY
HEALTH**



THANK YOU

Phone Number : 778-215-5247

Website : www.lakecountryhealth.ca

Address : 10090 Main St., Lake Country, BC V4V 1T8

Email : office@lakecountryhealth.ca



We acknowledge that the land on which we work, learn and play is the unceded territory of the Syilx/Okanagan People.