



**LAKE COUNTRY HEALTH**  
**lakecountryhealth.ca**

# **Lake Country Health**

**2023 Resource Centre and Programs**

# About LCH

- Lake Country Health Society is a registered charity
- Create in 1982, by local a group of Lake Country resident
- Created many programs, like Prime Time, a senior's bus, and 'meals on wheels'
- Programs have been adapted to meet community needs overtime

## Resource Center

- Information about social services, rental housing
- Navigate government services
- Tenant disputes
- Referrals to food bank/providers
- Annual tax clinic
- Christmas hampers

## Caregiver Support Program

- Counselling
- Support group
- Workshops
- Silver Sitters
- Resource Library

## Mental Health Services

- Support Groups
- Mental health presentations
- Naloxone and drug testing training and supplies
- Harm reduction supplies

## Senior's Services

- Wellness checks
- Rides
- Housecleaning & yard work
- Online senior social programs
- Seniors tablet loans
- Tech Angels

# Program Outcomes

- LCH serve approx. 287 clients last year.
- Most in demand services are rides for seniors, senior's fitness, the tax clinic, housing support, counselling and support groups.
- The Resource Center is open to the public Mon.- Fri. 9-4:30pm
- Annual report is available online, or by calling the office.

# Current Resource Center Financials

- LCH receives annual grants to operate all programs.
- Grants are applied for annually, and may or may not be awarded.

Program	Grant	Funder
Resource Center	\$20-25,000/yr.	District of Lake Country Grant
Resource Center	\$20-25,000/yr.	BC Community Gaming Grant
Senior services	\$14,000/yr.	United Way, Better at Home
Senior transportation	\$4000/yr.	KGH Foundation grant
Senior fitness	0	Cost recovery/varies

# Other funding options?

- LCH would typically host a health fair, but it was cancelled for 2 years, due to COVID. Events are now being organized/held.
- Staff apply for foundation grants and is explores other fundraising options.
- Provincial government contracts for services can be secured when a clinic location is secured.

# CHC Location update

- LCH has worked for over 2 years find a site to lease for a community health center (CHC) in Lake Country.
- COVID created delays, and the commercial market is very tight.
- LCH is exploring partnerships for new site developments.
- Site criteria: Ground floor space, with 2,500-5,000 sq. ft.

# Request

- LCH is requesting \$23,000 to fund 30% of the Resource Center core operations.
- The funds will be used for operating the Resource Center, specifically a office phone and .5 FTE of a staff wages.



Questions?